

HERBS

BY
ORCHIDS,
ETC

We encourage you to grow herbs in containers or a small space is so easy—and who likes springing for a package of herbs from the grocery market every time you need a few sprigs or leaves?

catalog



“All that man needs for
health and healing has been
provided by God in nature,
the Challenge of science is to find it.”
~ Paracelsus

Aloe vera

Aloe

Aloe Vera is a succulent that can be grown indoors as a house plant.

Ancient civilizations, among them the Greeks, Chinese, Egyptians, American Indians, and Meso-Americans, used aloe vera to treat everything from baldness and insomnia, to burns, wounds, and fever.



Capsicum annum

Bird eye Chilly, Thai

The species encompasses a wide variety of shapes and sizes of peppers, both mild and hot, such as bell peppers, jalapeños, new Mexico chile, and cayenne peppers.

Hot pepper (*Capsicum annum*) fruits, usually termed as chili, have been used since ancient times as food vegetables, flavoring ingredients, natural colorants, and in traditional medicines.



Cymbopogon floxosus

Lemon grass

The Lemongrass is a treasure trove of benefits.

Cultivated as culinary and medicinal herbs because of their scent.



Mentha verdis

Mint, Pudina

The species and its subspecies have many synonyms, including *Mentha crispa*, *Mentha crispata*, *Mentha spicata*.



There are many varieties of mint—all fragrant, whether shiny or fuzzy, smooth or crinkled, bright green or variegated. However, you can always tell a member of the mint family by its square stem



Osilum basilicum

Holy basil, Thai basil, Italian basil

There are two basic types of Tulsi, the green leaved 'Sri- Tulsi' & dark purple leaved 'Krishna Tulsi'.

Tulsi is so significant in Hinduism that every Hindu family has Tulsi plant at their home. Plant is preferably grown in the front yard in typical 'Tulsi Vrindavana' where it is worshiped every day.



Osilum basilicum

Holy basil, Thai basil, Italian basil

It is a tender plant, and is used in cuisines worldwide in Western cuisine.

There are many varieties of basil.

Basil plants are one of the most popular herbs to grow and also one of the easiest.



Salvia rosmarinus

Rosemary

Upon cultivation, the leaves, twigs, and flowering apices are extracted for use.

Rosemary is used as a decorative plant in gardens.

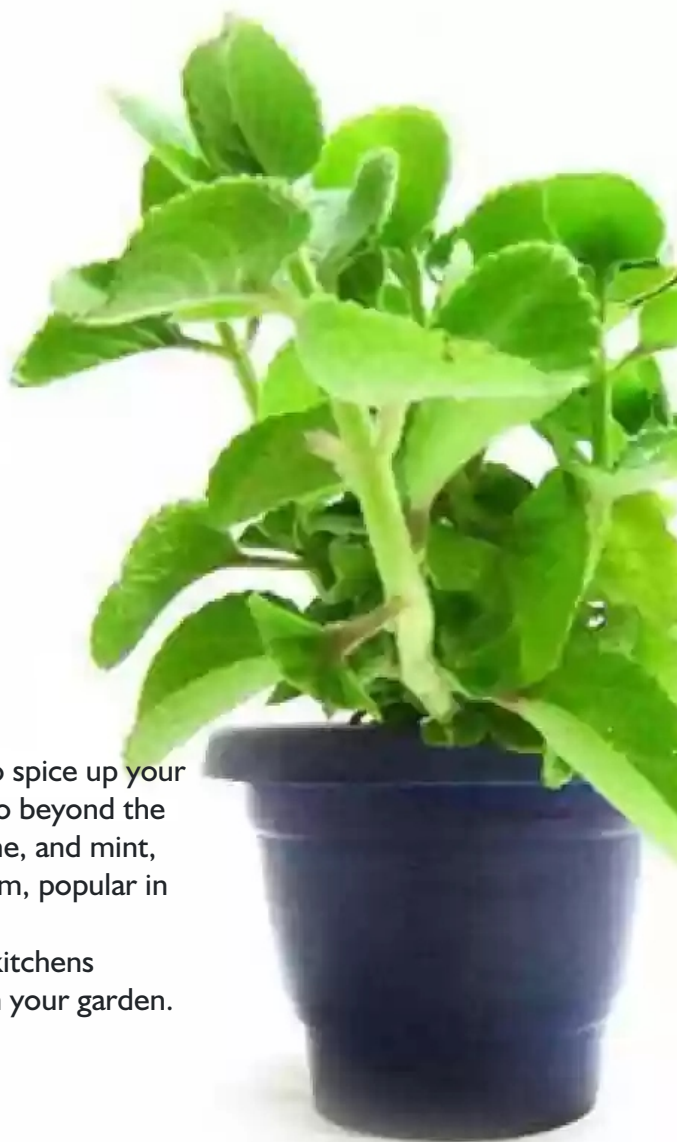


The leaves are used to flavor various foods, such as stuffing and roast meat.



Trachyspermum ammi

Ajwain, Carrom plant



If you're looking to spice up your herb garden and go beyond the usual parsley, thyme, and mint, try ajwain, or carom, popular in Indian cooking

A staple in Indian kitchens deserves a place in your garden.





Step in for the exotic.....



SatChitAnand,
12th Road, Khar (W),
Mumbai: 400052



809 708 7703



info@orchidsetc.in



www.orchidsetc.in

