Botanical name: Genus: Trachyspermum Species: ammi Common Name(s): Ajwain, Carom plant, Bishop's weed Latin Family Name: Apiaceae English Family Name: Parsley, Celery, Carrot

The plant

Origin; country or region: Native to South and West Asia

Growth habit: A perennial herb

Flower description: Tall and impressive flower spike

Blooming period/availability: Perennial herb

Leaf/Foliage Description: The leaves are attractive and ridged

**Usage:** If you're looking to spice up your herb garden and go beyond the usual parsley, thyme, and mint, try ajwain, or carom, popular in Indian cooking

A staple in Indian kitchens deserves a place in your garden STRENGTHS/OPPORTUNITIES:

A great addition to your indoor spaces with beautiful leaves that also make your home smell great at all times

Easy to grow, long life span

Both a culinary and a medicinal plant

Once established needs only regular watering and sunlight

Enjoy the plant as a border or as clumps in ornamental beds

**WEAKNESS:** 

It tends to take over, much like mint does Can grow aggressively and invade spaces





Care & Handling

Longevity: Long life span

Water requirements: Water once a week

**Light:** Bright indirect sunlight

Soil/Nutrition requirements: Carom will grow in nearly any soil

type but prefers more alkaline soil

It does not need a lot of organic material, and once in the ground, will

only need regular watering and sunlight

**Special care/remarks:** Growing your own herbs also means, no

pesticides for sure

Air purifying Pet friendly

TRIVIA: Ajwain is used in traditional medicine practices, such as Ayurveda, in herbal blends in the belief it can treat various disorders

